

| Placering | Startnr | Navn | Klub | Tid |
|-----------|---------|----------------------------|--------------------------|----------|
| 1 | 262 | Morten Lang | AAM Facus | 00:16:12 |
| 2 | 209 | Karsten Bukholt | Aalborg Øst Roadrunners | 00:16:16 |
| 3 | 249 | Søren Dam Henriksen | | 00:16:50 |
| 4 | 252 | Kristian Ulbjerg Hansen | | 00:17:19 |
| 5 | 242 | Hans J Bach | Aalborg Politi | 00:17:22 |
| 6 | 251 | Morten Mikkelsen | | 00:17:31 |
| 7 | 223 | Søren Juelsgård | Aalborg Politi | 00:17:46 |
| 8 | 201 | Troels Jul Kjærgaard | | 00:17:49 |
| 9 | 268 | Nikolaj Nielsen | Grindsted Løbe Klub | 00:17:56 |
| 10 | 260 | Christian Enrico Weberskov | | 00:17:59 |
| 11 | 267 | Thomas Schou | | 00:18:04 |
| 12 | 241 | Henrik Bruun | Svømmeland Nørresundby | 00:18:31 |
| 13 | 218 | Søren Høgh | Nørresundby Boligselskab | 00:20:29 |
| 14 | 250 | Mathias Friderichsen | | 00:20:46 |
| 15 | 234 | Niels Schmidt | Aalborg Politi | 00:20:50 |
| 16 | 230 | Kenneth Ginerup | Aalborg Politi | 00:21:23 |
| 17 | 232 | Lasse Vestergård | Aalborg Politi | 00:21:28 |
| 18 | 245 | Thomas Hvidtfeldt | familien hvidtfeldt | 00:21:28 |
| 19 | 222 | Henrik Husum | Aalborg Politi | 00:21:43 |
| 20 | 244 | Lars Granat | | 00:22:10 |
| 21 | 259 | Jonas Kirkegaard | | 00:22:31 |
| 22 | 265 | Mikkel Redder | | 00:22:50 |
| 23 | 220 | Kåre Jacobsen | Hadsund | 00:23:05 |
| 24 | 264 | Lars Christiansen | | 00:23:20 |
| 25 | 225 | Jesper Green | Aalborg Politi | 00:23:26 |
| 26 | 258 | Morten Jørgensen | AIK | 00:23:29 |
| 27 | 254 | Kasper Pihl | | 00:24:10 |
| 28 | 211 | Brian Krebs | Ingen | 00:24:23 |
| 29 | 208 | Jeppé Bach | TK Development | 00:24:28 |
| 30 | 231 | Klaus Rogil | Aalborg Politi | 00:24:39 |
| 31 | 246 | Jacob Bjerning | | 00:25:01 |
| 32 | 227 | Peter Redder | Aalborg Politi | 00:25:05 |
| 33 | 212 | Morten Poulsen | | 00:25:14 |
| 34 | 226 | Jess Faldberg | Aalborg Politi | 00:25:17 |
| 35 | 204 | Søren Andersen | AAM | 00:25:49 |
| 36 | 248 | Lasse Poulsen | Guldbageren Nørresundby | 00:25:55 |
| 37 | 228 | Lars Brøndberg | Aalborg Politi | 00:26:04 |
| 38 | 229 | Anders Sølvtoft | Aalborg Politi | 00:26:06 |
| 39 | 224 | Jens Søgård | Aalborg Politi | 00:26:12 |
| 40 | 243 | Mikkel Rodkjær | | 00:26:17 |
| 41 | 213 | Mikkel Hagel | Beierholm | 00:26:21 |
| 42 | 205 | Michael Antonsen | NIM | 00:28:01 |
| 43 | 233 | Per Jørgensen | Aalborg Politi | 00:28:09 |
| 44 | 261 | Torben Hjort Jensen | NIM | 00:28:11 |
| 45 | 207 | Esben Bach | | 00:28:29 |
| 46 | 221 | Tobias Thomsen | Fam. Thomsen | 00:28:57 |
| 47 | 263 | Jørn Elgaard | | 00:29:00 |
| 48 | 202 | Peter Eriksen | The Dudes | 00:29:11 |
| 49 | 203 | Magnus Nygaard | | 00:29:20 |
| 50 | 235 | Michael Grøn | | 00:29:29 |
| 51 | 237 | Mads Mølgaard | | 00:29:30 |
| 52 | 256 | Kim Kristiansen | NIM | 00:29:37 |
| 53 | 217 | Jan Lydholm | Alfa-laval Aalborg | 00:30:49 |
| 54 | 206 | Karsten Schaltz | | 00:30:55 |
| 55 | 253 | Kris Eggertsen | | 00:31:17 |

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|----|-----|----------------------------|--|----------|
| 56 | 255 | Andreas Jørgensen | | 00:31:31 |
| 57 | 269 | Mads Reinau | Far-Søn | 00:31:33 |
| 58 | 270 | Jan Reinau | Far-Søn | 00:31:34 |
| 59 | 219 | Mikkel Rank | www.familienrank.dk | 00:31:51 |
| 60 | 210 | Christian Callesen | | 00:32:01 |
| 61 | 247 | Tobias Møller Larsen | | 00:33:10 |
| 62 | 240 | Rasmus Savkov | Svømmeland Nørresundby | 00:34:22 |
| 63 | 239 | Bjarne Savkov | Svømmeland Nørresundby | 00:34:23 |
| 64 | 216 | Michael Andersen | | 00:34:24 |
| 65 | 215 | Morten Nielsen | | 00:34:44 |
| 66 | 238 | Martin Bunk Larsen | Bunk/ Larsen | 00:35:23 |
| 67 | 236 | Carl Christian Bunk Larsen | Bunk/Larsen | 00:35:26 |
| 68 | 214 | Lars Wind | | 00:35:27 |